# Provider Resources: Alzheimer's Disease and Related Dementias

TOOLS TO ASSIST PRIMARY CARE PROVIDERS IN THE SCREENING, DIAGNOSIS AND TREATMENT OF PATIENTS WITH COGNITIVE DECLINE.



Primary care providers can now screen and evaluate for Alzheimer's disease and related dementias with more confidence and ease, and access tools to manage behavioral isues. The Alzheimer's Project Clinical Roundtable, a group of neurologists, psychiatrists, geriatricians, and

geriatric psychologists, have been working since 2014 to develop tools to assist the providers who will care for the vast majority of patients experiencing cognitive decline.

The Alzheimer's Project is a regional initiative established by the San Diego County Board of Supervisors to address the toll of Alzheimer's disease and related dementias on families, communities and our healthcare providers.

The tools on this website have been created to assist providers care more effectively and efficiently with the rising number of individuals in their practice experiencing memory loss and dementia, as well as help the many family members and caregivers affected by this profound disease. Information and resources on this website are updated as new data is identified.

The Guidelines booklet (2024 Edition) includes recommended screening and evaluation instruments, background research and references, best practices algorithms, and resource tools for caregivers. Download from the website.

**Provider education** through Grand Rounds presentations (in-person and virtually) at health systems and practices, and at area professional conferences. To schedule please email Barbara.Mandel@ChampionsFH.org.

ALL CLINICAL RESOURCES AT: ChampionsforHealth.org/Alzheimers

### **CME On-Demand Webinars**

Champions for Health has partnered with The Doctors Company to offer a series of on-demand courses created by the Alzheimer's Project Clinical Roundtable. The courses are available free of charge and are approved for both AMA PRA Category 1 Credits and ANCC (NP/PA) Credits. The series is designed to help primary care providers use tools to screen, evaluate, and treat patients who experience memory loss and dementia. Each course can be completed at once or over a period of time to accommodate individual schedules and learning preferences. You can access the courses at ChampionsforHealth.org/Alzheimers.

## AlzDxRx Mobile App Puts Guidelines & Instruments in Palm of Provider's Hand







The AlzDxRx mobile application assists practitioners to walk through screening and evaluation of patients with cognitive decline while maintaining eye-to-eye contact. Access scoring instruments: MiniCog, AD8, PHQ-9, QDRS, IQCODE, MOCA and SLUMS. Patient identified scores can be emailed for ease in adding to EHR. Download for your Apple or Android phone.

### **After Visit Summary Materials**

A wide variety of patient and care partner materials are available on the website to be included with AVS to provide insight into the disease process, effective communications, and healthy living strategies.



### **Dementia Professional Education Opportunities**



Healthcare providers seeking information on Alzheimer's disease and related dementias can avail themselves of educational resources from across the state and country. Here is a listing of reliable sources.

### San Diego County Alzheimer's Project Clinical Roundtable – Champions for Health

The county-wide collaborative effort produces and provides free Continuing Education on-demand online programs to inform primary care providers on effective screening, evaluation and diagnosis, and management of dementia through the stages of disease.

https://ChampionsforHealth.org/alzheimers

https://www.thedoctors.com/patient-safety/education-and-cme/the-alzheimers-project-cme-series/

Other programs for healthcare staff are available on the website and our YouTube channel. These do not offer CME credits.

#### **Dementia Care Aware**

Dementia Care Aware is a state-wide effort coordinated through UCSF, in partnership with UC San Diego and other California educational institutions. A series of trainings are available.

https://www.dementiacareaware.org

https://www.youtube.com/@dementiacareaware1/videos

### UCI's Dementia Care Aware (DCA) ECHO Virtual Education Series Every Friday, 12 to 1 p.m.

The ECHO Series provides training and support that empowers primary care teams to assess and address dementia through a variety of topics. Office hours featuring clinical experts are held on the 3rd Friday of every month from 12 to 1 p.m. Free CEs are available.

https://www.familymed.uci.edu//geriatrics/GWEP/gero-echo.asp

### UCSF Memory and Aging Center Alzheimer's and Dementia Care ECHO Program

A collaboration between UCSF Memory and Aging Center (MAC) and the Alzheimer's Association, this ECHO series will cover key aspects of dementia care, including detection, diagnosis, and management in the primary care setting. Each hour consists of brief lectures followed by indepth case consultations on challenging patient cases brought by the primary care providers. Participants will receive guidance and support for disease management in their clinic setting from local disease experts in dementia care and other primary care providers. This series is open to primary care providers. See website for more information and to be added to the waitlist.

https://www.dementiacareaware.org/wp-content/uploads/2023/04/UCLA-ADC-ECHO-Application.pdf

### **Alzheimer's Association Clinical Education**

https://www.alz.org/professionals/health-systems-medical-professionals/cme-activities

#### Alzheimer's Foundation of America

Professional Training and Education

https://alzfdn.org/professional-training-and-education/

AFA prides itself on offering innovative, engaging, and practical training and educational programs to professional care partners. Our training philosophy is rooted in the belief that optimal dementia care relies on building relationships. This person-centered approach to care values promotes the unique strengths, goals, and humanity of each individual, involves interdisciplinary collaboration among care providers, and places individuals with dementia and their families at the center of decision-making.

#### National Institute of Aging

https://www.nia.nih.gov/health/alzheimers-dementia-resourc-es-for-professionals

Get tools and training for your practice: Access free clinical practice tools, training materials and more resources for physicians, nurses, social workers, and other professionals.

### **Centers for Disease Control Professional Education**

https://www.cdc.gov/aging/services/index.htm

A Public Health Approach to Alzheimer's and Other Dementias is an introductory curriculum that is intended to increase awareness of the impact of Alzheimer's disease and other dementias as well as the role of public health. This curriculum addresses cognitive health, cognitive impairment, and Alzheimer's disease and is intended for use by undergraduate faculty in schools and programs of public health and other related disciplines. This work supports The Healthy Brain Initiative: The Public Health Road Map for State and National Partnerships (Road Map) in its goal of developing a competent workforce. The curriculum is available free of charge and consists of four modules that are designed to be used individually or as a whole each with slides and a faculty guide.

### Medscape Series on ADRD

https://www.medscape.org/resource/alzheimers/cme

### Yale School of Medicine

https://medicine.yale.edu/adrc/education/professional/

Alzheimer's disease is the leading cause of dementia and exacts a formidable emotional and financial toll on patients, caregivers, and society. This elective will review the neurobiology, clinical features, and pharmacological treatment of Alzheimer's disease. The differential diagnosis of Alzheimer's disease will also be discussed with sessions on other etiologies of dementia, including Lewy Body Dementia, Frontotemporal Dementia, and Vascular Dementia. The neuroanatomic substrates and routine clinical assessment of geriatric cognitive disorders will be introduced. Major clinical syndromes, including amnesic disorder and Alzheimer's dementia, will be illustrated via videotaped interviews.

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